



Real Baby Milk Accredited Training Package

We offer training programmes suited to equipping and empowering volunteers to become Accredited Peer Supporters within a group setting and in a hospital setting.

We currently offer 3 courses:

Peer Support Skills: Breastfeeding Level 2

Breastfeeding Peer Support in Hospital Level 2

Delivering Peer Support Training Level 3

The training is accredited with AIM Awards and is typically delivered over a 7 week period in 2 hour weekly sessions. The trainees are required to submit a portfolio of evidence to achieve their accreditation.

Real Baby Milk is a Training Centre with AIM Awards and committed to providing high quality training course materials and resources. We have a process by which we are able to empower others to deliver our training and we have to ensure that training will be delivered to a particular level and in line with our Quality Assurances.

Step 1: Register as a Trainer

Real Baby Milk has a set of minimum standards that our approved trainers are required to meet. The trainer will be required to have experience of adult education (or a suitable qualification such as PTTLs) and a sufficient knowledge of breastfeeding support in line with the UK Baby Friendly Initiative (for example completing the UNICEF Breastfeeding and relationship building course). All trainers will be required to undertake Delivering Peer Support skills: Breastfeeding which can be delivered locally or accessed at our main office in Cornwall.

Cost of Registration: £60 (non-refundable)

Cost of Training the Trainer Course: By application

Step 2: Buy Licence to deliver Real Baby Milk training

The licence between the trainer's organisation and Real Baby Milk acts as a contract that the trainer agrees to deliver a certain number of courses to a particular standard. In return Real Baby Milk agrees to provide the course, relevant materials and the Internal Verification of this courses as well as provide a mentor for the trainer. The licence ensures that the trainer receives updated materials, teaching aids and the authority to deliver accredited training.

Cost: £30 per learner

Duration: Per course, minimum 10 learner licence

Step 3: Registering and Accrediting Learners

For each course, there is a fee per learner which must be paid in full by the start of the course. This fee per learner covers the provision of their training and assessment packs, the registration and accreditation fee and certification and the evaluation of their course.

Cost per learner: £60

Step 4: Ongoing support for Accredited Trainees

Trainees who successfully complete the training and practicing as Peer Support Volunteers will need to become accountable to a governing body, for safeguarding, supervision and updating. The trainer will need to work out who the volunteers are accountable to prior to training. For example in some areas volunteers are managed by public health and some are managed by Children Centres.

Contact mary@realbabymilk.org or 01872 260429 for more information.